

Biometric Health Screening Events

Thank you for choosing EMI Health in partnership with Veridicus Health to conduct your health screening event. A health screening is a 15-minute series of tests that provide participants with valuable information about overall health and possible risk factors.

During a screening, our skilled technicians assess and provide:

- blood pressure
- weight
- waist circumference
- cholesterol
- blood glucose
- body fat % (optional)
- brief health counseling

Scheduling

- To schedule an event please contact the wellness coordinator, Liz O’Gara at eogara@myvr.com or 801-365-0293.
- A minimum of 20 participants is required. Screenings can be scheduled between 7:00 am – 7:00 pm. If you need to schedule outside this time frame, you must get approval from the wellness coordinator.
- Please provide a 7-day minimum notice for cancellation or changes to an event.
- A scheduling tool is provided.

Fees

- One screening event is available each year to EMI client groups at no cost. Additional events may be scheduled at the rate of \$32 per participant.
- A \$32 per participant fee will be applied for employees not enrolled in the EMI medical plan when the total number of non-EMI members is greater than a certain percentage.
- Spouses and dependents 18 years and older can participate in a health screening event.
- A \$50 fee is charged for an event cancellation within less than 7-day notice.
- A \$20 per participant fee is charged for the difference of projected number and attended number of participants, unless an under minimum projection is preapproved. For example, if 20 participants are projected and 15 attend there will be a \$100.00 fee (\$20 x 5.)

Planning

What to do to ensure a successful screening event:

1. Reserve a private, clean location that can be maintained at a comfortable temperature. A hard floor is preferable to keep weight measurements more accurate. (If not available, a floor tile can be provided.)
2. Upon scheduling the event, you will receive a “What to Expect” flyer, promotional materials, and a scheduling tool to prepare for a successful screening.
3. Reminder emails will be sent to the site contact 30 days prior, 15 days prior, and two days prior to the event.

Follow-up

Aggregate data: You will receive an Aggregate Summary of the results based on the participants screened. If you have had a screening event with EMI Health in the past, a year-by-year comparison will be included. If fewer than 20 participants attended, no summary report is will be provided.

Participant Report Card access: Employees screened for the first time by EMI Health receive an email from MyBioCheck.com with a secure link to access their report card immediately following your first screening.

Employees who previously screened with EMI Health go to MyBiocheck.com to login with the username and password created after a first screening, to access their health report card.

Wellness Coaching outreach: After completing a screening, participants may be contacted by our wellness team to offer support to better understand their results and reduce health risk as appropriate.

We look forward to supporting you and your employees in learning more about their health!