

# Biometric Health Screening Guidelines

In partnership with EMI Health, Elevate Wellness, a Magellan Rx Management program, will help you facilitate your onsite health screening event.

During a 15-minute screening, our skilled technicians assess and provide:

- blood pressure
- weight
- waist circumference
- cholesterol
- blood glucose
- brief health counseling

## Scheduling

- To schedule, email [wellness@magellanhealth.com](mailto:wellness@magellanhealth.com) or call the wellness team at 801-503-0674.
- 20 participant minimum is required. Contact the wellness team to discuss groups with less than the minimum.
- An additional 10% of supplies are brought to accommodate a small number of additional participants.
- Events are scheduled between 7:00 am – 7:00 pm.
- 7-day minimum notice required for cancellation or changes to an event.
- A scheduling tool is provided.

## Cost

- One event per year is provided at no cost for EMI Health members and dependents 18 + years old to attend.
- \$32 per participant for additional events.
- \$32 per non-EMI Health member participant if greater than 15% of total non-EMI Members attend.
- \$32 per participant is charged for the difference of the projected number and attended number of participants. For example, if 20 participants are projected and 15 attend there will be a \$100.00 fee (\$20 x 5).
- Fees may apply if changes are made to the event 20-days prior to the scheduled date.

## Planning

1. Reserve a private, clean location that is a comfortable temperature. A hard floor is preferable.
2. Use the “What to Expect” flyer, promotional materials, and scheduling tool provided to prepare.
3. Reminder emails will be sent to the site contact 30 days prior, 15 days prior, and two days prior to the event.

## Follow-up

Aggregate data: An Aggregate Summary of the results based on the participants screened will be provided. If you have had a screening event with EMI Health in the past, a year-by-year comparison will be included.

Participant Report Card access: Participants receive an email from [www.mybiocheck.com](http://www.mybiocheck.com) with a secure link to access their report card immediately following their first screening.

Participants who previously screened can go to [www.mybiocheck.com](http://www.mybiocheck.com) to login with the username and password created after a first screening to access their health report card.

## Elevate Wellness Coaching outreach

After completing a screening, participants may be contacted by our wellness team to offer support to better understand their results and reduce health risk as appropriate.

*We look forward to supporting you and your employees in learning more about their health!*