

## **Biometric Screenings**

Engaging members with convenience and technology

## What is a biometric screening?

Onsite biometric testing allows your employees to receive instant feedback on key biometric data related to their current health and well-being status. Trained experts help with detection and prevention of more serious health related issues. Testing data is seamlessly imported into our BE WELL platform so members can use their results to help set goals and track progress. Biometric screenings include blood pressure, cholesterol, glucose, and BMI.

## How to setup an onsite event for your group:

- 1. Reach out to your EMI Health Account Manager about setting up an event for your company
- 2. Complete the Event Details spreadsheet with the following information:
  - Date of event(s)
  - Estimated number of participants
  - Event start time
  - \*Additional details can be submitted at a later date
- 3. After this has been processed and approved, members can sign up for the event through the their Be Well Portal.
  - Participants are able to schedule their appointment up until the day before the screening event
  - Instructions of how to do so will be sent to you before the scheduling tool is open