

Biometric Screening Guidelines

In partnership with EMI Health, Elevate Wellness, a Magellan Rx Management program, helps you facilitate your onsite health screening event.

During a 15-minute screening, our skilled technicians assess and provide:

- blood pressure
- cholesterol
- weight
- blood glucose
- waist circumference
- brief health counseling

Scheduling

- Complete a Service Request Form, email wellness@magellanhealth.com, or call the wellness team at 801-503-0674.
- 20 participant minimum is required. Contact the wellness team to discuss groups with less than the minimum.
- An additional 10% of supplies are brought to accommodate a small number of additional participants.
- Events are scheduled Monday through Friday between 7:00 am – 7:00 pm.
- 15-day minimum notice required for changes and 30-day minimum notice required for cancellation of an event.
- A scheduling tool is provided.

Planning

1. Reserve a private, clean location that is a comfortable temperature. A hard floor is preferable.
2. Use the “What to Expect” flyer, promotional materials, and scheduling tool provided to prepare. Delays due to inclement weather during winter months will be communicated to site contacts as soon as possible. Staff will extend the schedule as needed to ensure completion.
3. Reminder emails will be sent to the site contact 30 days prior, 15 days prior, and two days prior to the event.

Follow-up

- Aggregate data: An Aggregate Summary of the results based on the participants screened will be provided.
- Participant Report Card access: Participants receive a paper report immediately following their screening, also results can be accessed through the EMI BeWell App.

Elevate Wellness Coaching Outreach

After completing a screening, participants may be contacted by our wellness team to offer support to better understand their results and reduce health risk as appropriate.

We look forward to supporting you and your employees in learning more about their health!